



# E-SUNRITH



10th July 2023 VOL: 16 ISSUE: 02

www.rcsurathkal.org

CREATE HOPE in the WORLD

www.rcsurathkal.org

10th July 2023 VOL: 16 ISSUE: 02

www.rcsurathkal.org

CREATE HOPE in the WORLD

www.rcsurathkal.org

10th July 2023 VOL: 16 ISSUE: 02

www.rcsurathkal.org

CREATE HOPE in the WORLD

www.rcsurathkal.org

10th July 2023 VOL: 16 ISSUE: 02

www.rcsurathkal.org

CREATE HOPE in the WORLD

www.rcsurathkal.org

10th July 2023 VOL: 16 ISSUE: 02

www.rcsurathkal.org

CREATE HOPE in the WORLD

www.rcsurathkal.org

10th July 2023 VOL: 16 ISSUE: 02

www.rcsurathkal.org

CREATE HOPE in the WORLD

www.rcsurathkal.org

10th July 2023 VOL: 16 ISSUE: 02

www.rcsurathkal.org

CREATE HOPE in the WORLD

www.rcsurathkal.org

10th July 2023 VOL: 16 ISSUE: 02

www.rcsurathkal.org

CREATE HOPE in the WORLD

www.rcsurathkal.org

10th July 2023 VOL: 16 ISSUE: 02

www.rcsurathkal.org

CREATE HOPE in the WORLD

www.rcsurathkal.org

10th July 2023 VOL: 16 ISSUE: 02

www.rcsurathkal.org

CREATE HOPE in the WORLD

www.rcsurathkal.org

10th July 2023 VOL: 16 ISSUE: 02

www.rcsurathkal.org

CREATE HOPE in the WORLD

ರೋಟರಿ ಕ್ಲಬ್ ಸುರತ್ಕಲ್, ಇದರ ಎಲ್ಲಾ ಸನ್ನಿಹಿತ ರೋಟರಿ ಬಂಧುಗಳಿಗೆ,

ಮಳೆರಾಯನ ಆರ್ಭಟಗಳ ನಡುವೆಯೂ ಕಳೆದ 28-06-2023ರಿಂದ ವಲಯ 1, 2 ಮತ್ತು 3ರ ರೋಟರಿ ಕ್ಲಬ್‌ಗಳಲ್ಲಿ ನಿರಂತರವಾಗಿ ನಡೆದುಕೊಂಡು ಬರುತ್ತಿರುವ ಪದಾಧಿಕಾರಿಗಳ ಪದಗ್ರಹಣ ಕಾರ್ಯಕ್ರಮಗಳ ಈ ಪರ್ವಕಾಲದಲ್ಲಿ ವಯೋಸಹಜವಾಗಿ ನಮ್ಮಿಂದ ಸಾಧ್ಯವಾದಷ್ಟು ಈ ಶುಭ ಕಾರ್ಯಕ್ರಮಗಳಲ್ಲಿ ಕಾರ್ಯದರ್ಶಿಯವರಾದ ಶ್ರೀಯುತ ರಮೇಶ ರಾಯರೊಂದಿಗೆ ಪಾಲ್ಗೊಂಡಿರುತ್ತೇವೆ. ಹಾಗೆಯೇ ನಮ್ಮ ಕ್ಲಬ್‌ಬಿನ ಗೌರವಾನಿಷ್ಠ ಹಿರಿಯ ಸದಸ್ಯರಾದ ರೋ. ಡಾ. ಅರವಿಂದ ಭಟ್‌ರವರು ರೋಟರಿ ಕ್ಲಬ್ ಬಜ್ಜಿಯ ಪದಗ್ರಹಣ ಅಧಿಕಾರಿಯಾಗಿ ಕಾರ್ಯ ನಿರ್ವಹಿಸಿರುವುದು ನಮಗೆಲ್ಲ ಹೆಮ್ಮೆಯ ವಿಷಯ..

ತಾ: 11-07-2023ನೇ ಮಂಗಳವಾರದಂದು ನಡೆಯಲಿರುವ ನಿರ್ದೇಶಕ ಮಂಡಲಿಯ ಸಭೆಯಲ್ಲಿ ನಮ್ಮ ಕ್ಲಬ್‌ಬಿನ ಮುಂದಿನ ಕಾರ್ಯಕ್ರಮಗಳ ಬಗ್ಗೆ ಕೂಲಂಕುಶವಾಗಿ ಚರ್ಚಿಸಿ ಎಲ್ಲ ಆತ್ಮೀಯ ಸದಸ್ಯರನ್ನೂ ವಿಶ್ವಾಸಕ್ಕೆ ತಿಗಿದುಕೊಂಡು ಅವರ ಅಮೂಲ್ಯ ಸಲಹೆ ಸೂಚನೆಯಂತೆ ಕಾರ್ಯೋನ್ಮುಖವಾಗುವುದು ಎಂದು ನಿರ್ದರಿಸಿರುತ್ತೇನೆ.

ಎಲ್ಲರಿಗೂ ಹೃತ್ಪೂರ್ವಕ ವಂದನೆಗಳು,



ಯೋಗೇಶ್ ಕುಳಾಯಿ

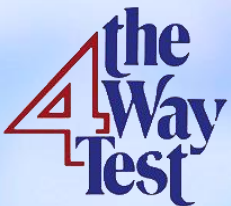
ಅಧ್ಯಕ್ಷ

**We celebrate the Birthday of....**

**Annet Spoorthi Rao, D/o Rtn, Sandeep Rao on 14th July**



**E-SUNRITH Conveys our Special Greetings to them on these special occasions.**



**Of the things we think, say or do**

**1. Is it the truth ?**

**2. Is it fair to all concerned ? 3. Will it build goodwill and better friendships ? 4. Will it be beneficial to all concerned ?**

Editorial Team: **Sachi** (9845871761) & Yashomathi (9844642696)

[www.rcsurathkal.org](http://www.rcsurathkal.org) email: [esuhritbulletin@gmail.com](mailto:esuhritbulletin@gmail.com)

Facebook Connect: [SuhrithRotarySurathkal](https://www.facebook.com/SuhrithRotarySurathkal)

Click [HERE](#) for viewing all the back issues of

**E-SUNRITH**

We meet on 1st & 3rd TUESDAY of every month @ VIRAT Complex, near GD P U College, Surathkal @ 07. 30 pm

## the week that was ....

1st Regular meeting was held on 4th at VIRAT attended by large number of Rotarians. After welcome address by President Rtn Yogesh kulai, Secretary Rtn Ramesh Rao has read the report.

Main discussion was about holding the Training programme for the Transgenders to bring awareness about several aspects and also to provide the opportunity for them to be self sufficient. Main purpose is to bring them to the mainstream. Dr Rajamohan Rao has given brief description about the training session to be conducted.

It has been decided to hold the Regular meeting fortnight instead of every week. President Rtn Yogesh kulai has explained the reason for holding the meeting every fortnight. We will have a gathering every week as usual by holding two Regular meetings, one Board Meeting and one Dinner meet every month. Board meeting will be held on



the second Tuesday of every month and Dinner meet in the last week.( probably Last Saturday)



Rtn. Aravind Bhat was the installing Officer at the Installation of the officers of Rotary Club of Bajpe on 4th Tuesday.

On 5th July IPP Rtn. Yashomathi attended the installation program of RC Bantwal Loretto

Hills.

6th of July was the birthday of one of our senior Rotarian Rtn. M. B. Shetty. Again our IPP Rtn. Yashomathi visited Rtn. Shetty at his residence and conveyed her greetings personally.

President Rtn Yogesh kulai and secretary Rtn Ramesh Rao attended the installation ceremony of Rotary Mangalore Central held at Hotel Mothimahal on 7th July. On 8th July There was the installation ceremony of Rotary club of Baikampady at Bantara bhavan Surathkal. Rt Yogesh kulai, Rtn Ramesh Rao, Rtn Shivanand, Rtn B Bhaskar and Rtn Sathish Sadanand attend the programme. It was a well organised programme.

Our 1st Board Meeting will be held on 11th Tuesday at VIRAT hall.



Ramesh Rao  
Secretary

## in the press ....



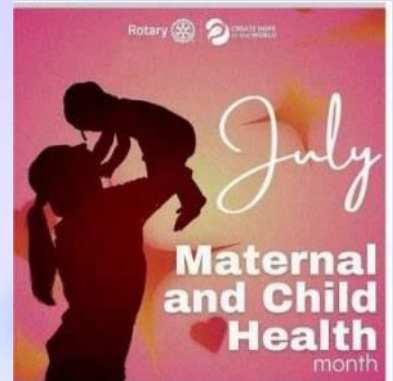
Photo gallery Link: [esuhrithbulletin \(google.com\)](https://esuhrithbulletin.google.com)  
Video gallery link: <https://esuhrithbulletin.youtube.com>



## Mother and Child Health-The Role of Rotary

Maternal and child health is a critical area that requires focused attention to ensure the well-being and development of societies. Rotarians around the world have been at the forefront of addressing these issues through their tireless efforts and commitment. This writeup explores the significant contributions of Rotary in promoting maternal and child health, highlighting its role in improving access to healthcare, implementing vaccination programs, and supporting education initiatives.

**Access to Healthcare:** Rotary clubs have played a pivotal role in enhancing access to healthcare services for mothers and children in underserved communities. By collaborating with local health organizations and governments, Rotary has supported the establishment of clinics, mobile health units, and maternal care centers. These initiatives bring quality healthcare closer to communities, reducing barriers such as distance and cost. Additionally, Rotary's fundraising campaigns have provided financial support for medical equipment, supplies, and infrastructure development, thereby strengthening healthcare systems.



**Vaccination Programs:** Immunization is crucial in preventing life-threatening diseases among children. Rotary has been actively involved in promoting vaccination programs worldwide. Through partnerships with organizations like the World Health Organization and UNICEF, Rotary has supported the distribution of vaccines and raised awareness about their importance. Polio eradication remains a top priority for Rotary, which has made significant contributions to the Global Polio Eradication Initiative, resulting in the near-elimination of the disease.

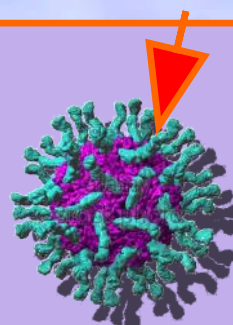


**Education Initiatives:** Education plays a vital role in improving the overall health and well-being of mothers and children. Rotary has recognized this connection and implemented various educational initiatives. By establishing scholarships, vocational training programs, and literacy campaigns, Rotary has empowered women and educated communities on essential health practices. These initiatives have not only improved maternal and child health outcomes but also paved the way for sustainable development.

Maternal and child health is a global priority, and Rotary's commitment to this cause has made a significant impact. Through their initiatives, Rotary has enhanced access to healthcare services, promoted vaccination programs, and supported educational endeavours. However, challenges remain, and sustained efforts are required to address disparities and ensure that all mothers and children receive the care they deserve. Rotary's dedication to improving maternal and child health serves as an inspiration for individuals and organizations alike, emphasizing the importance of collective action for a healthier and more prosperous future.



On 13th January 2014  
India was officially  
declared as **Poliofree**.  
**NOW IS THE TIME  
FOR MORE VIGIL**



### ಮಹಿಳಾ ಸ್ವಸಹಾಯ ಸಂಘ -ಮಹಿಳಾ ಸಬಲೀಕರಣ

ಗಿಳಿ ಪಂಜರದಲ್ಲಿಂದರೇನೇ ಚಂದ ಅನ್ನೋದು ಜನರ ನಂಬಿಕೆ. ಆದರೆ ಅದನ್ನು ಗೂಡಿನಿಂದ ಹೊರಗೆ ಬಿಟ್ಟರೆ ಅದರ ಸೌಂದರ್ಯವೇ ಬೇರೆ! ಹಾಗೆಯೇ ಮಹಿಳೆಯರು ಕೂಡ! ನಾಲ್ಕು ಗೋಡೆಗೆ ಸೀಮಿತವಾಗಿದ್ದ ಹಳ್ಳಿಯ ಮಹಿಳೆಯರಿಗೆ ಸ್ವಸಹಾಯ ಸಂಘಗಳು ವರವಾಗಿವೆ..

ಪಟ್ಟಣಗಳಲ್ಲಿ ಲೇಡಿಸ್ ಕ್ಲಬ್, ಮುಂತಾದವುಗಳು ಮಹಿಳೆಯರಿಗೆ ಸ್ವಾವಲಂಬನೆ ಸಾಧಿಸಲು ಸಹಾಯವಾಗಿದ್ದವು... ಆದರೆ ಹಳ್ಳಿಯ ಮಹಿಳೆಯರಿಗೆ ಇದು ಗಗನ ಕುಸುಮ! ಅವರಿಗೆ ಮನೆಯ ನಾಲ್ಕು ಗೋಡೆ ಗಳೇ ವಿಶ್ವವಾಗಿದ್ದವು.. ಇಂಥಹ ಸಂದರ್ಭದಲ್ಲಿ ಹುಟ್ಟಿಕೊಂಡಿದ್ದು ಮಹಿಳಾ ಸ್ವಸಹಾಯ ಸಂಘ ಗಳು. ಸ್ವ -ಸಹಾಯ ವೆಂದರೆ ಸ್ವ -ಅವಲಂಬನೆ. ಧರ್ಮಸ್ಥಳ ಸ್ವ ಸಹಾಯ ಸಂಘ, ನವೋದಯ ಸ್ವಸಹಾಯ ಸಂಘ, ಹೀಗೆ ಹತ್ತು ಹಲವಾರು ಸ್ವಸಹಾಯ ಸಂಘಗಳು ನನ್ನೊರಿಸಿವೆ. ನನ್ನ ಊರಿನ ಮಹಿಳೆಯರು, ಬೀಡಿ ಕಟ್ಟಿಕೊಂಡು, ಹತ್ತಿರದ ಇಂಡಸ್ಟ್ರಿಯಲ್ ಏರಿಯಾದ ಕಾರ್ಖಾನೆಗಳಲ್ಲಿ ದುಡಿದು,, ಉಳಿತಾಯ ಮಾಡಿ ಸ್ವ ಸಹಾಯ ಸಂಘ ನೆಡೆಸುತ್ತಿದ್ದಾರೆ.. ಬ್ಯಾಂಕ್ ವ್ಯವಹಾರ, ಸಾಲ ಸೌಲಭ್ಯ, ಶಿಕ್ಷಣ, ಮತ್ತು ಕೃಷಿ ಗೆ ಪ್ರೋತ್ಸಾಹ ನೀಡುವುದೇ ಇದರ ಉದ್ದೇಶ.

ಒಂದು ಏರಿಯಾದ ಕನಿಷ್ಠ 20 ಮಹಿಳೆಯರು ಸೇರಿ ಒಂದು ಸ್ವ ಸಹಾಯ ಸಂಘ ನೆಡೆಸಿ, ಪ್ರತಿ ವಾರ ಅಥವಾ ತಿಂಗಳು ಉಳಿತಾಯದ ಹಣವನ್ನು ಕಟ್ಟುತ್ತಾರೆ.. ಊರಿನ ಶಾಲೆಯ ಆವರಣ, ಅಥವಾ ಅಂಗನವಾಡಿ ಕೋಣೆಗಳೇ ಅವರ ವಾರದ ಮೀಟಿಂಗ್ ಸ್ಪಾಟ್ ಗಳು...

ಈ ಮಹಿಳಾ ಸ್ವ ಸಹಾಯ ಸಂಘ ಗಳು ಹಳ್ಳಿಯ ಮಹಿಳೆ ಗೆ ಆರ್ಥಿಕ ಶಕ್ತಿಯಾಗಿದೆ. ಹಪ್ಪಳ. ಸಂಡಿಗೆ ವ್ಯಾಪಾರ, ತಿಂಡಿ ತಿನಿಸುಗಳ ತಯಾರಿ, ಟೈಲರಿಂಗ್ ಹೀಗೆ ಅನೇಕ ವ್ಯಾಪಾರ ಕೂಡ ಸ್ವ ಸಹಾಯ ಸಂಘದಿಂದ ಆಗುತ್ತಿದೆ...

ಹೀಗೆ ಗ್ರಾಮೀಣ ಭಾಗದಲ್ಲಿ ಮಹಿಳೆಯರನ್ನು, ಸಬಲೀಕರಣ ಮಾಡುವುದರಲ್ಲಿ, ಸ್ವ ಸಹಾಯ ಸಂಘಗಳು ನಿರ್ಣಾಯಕವಾಗಿ ಪಾತ್ರವಹಿಸುತ್ತಿವೆ..

ರೋಹಿತ್

ಹತ್ತನೆಯ ತರಗತಿ

ಅಧ್ಯಕ್ಷ, ಇಂಟರಾಕ್ಟ್ ಕ್ಲಬ್, ಸೂರಿಂಜೆ



Clean India—Poster by Interactors of Soorinje